

Reasons to give

The top 10



American Red Cross

1-800-GIVE-LIFE | redcrossmichigan.org

10 You will get juice and cookies

9 It's easy and convenient

It only takes about an hour, and you can make your donation at a Red Cross donor center or one of many mobile drives held at businesses, community centers or places of worship.

8 You will weigh less

... one pint less than when you came in!

7 It's something you can spare

... most people have blood to spare ... and yet, there is still not enough to go around.

6 Nobody can ask you to do heavy lifting

... as long as you have your bandage on. Wear it as long as you like. It's a badge of honor!

5 You will walk a little taller afterward

... since you'll be feeling good about yourself!

4 You will be helping to ensure that blood is there

... when you or someone close to you may need it. Most people don't think they'll ever need blood, but many do. One whole blood donation can yield up to three blood products: red cells, platelets and plasma.

3 It's something you can do on equal footing with the rich and famous

Blood is something money can't buy. It's only something that one person can give to another.

2 YOU will be someone's hero

You may give a newborn, a child, a mother or father, a brother or a sister another chance at life. In fact, you can help save up to three lives with just one donation!

1 IT'S THE RIGHT THING TO DO!!!



The need is constant. The gratification is instant. Give blood.™